

# August 1-6, 2023 Darlington, MD

#### **Covid Policy**

- All people attending that are eligible for vaccination are required to have two Covid vaccines as well as at least one booster.
- 2. This applies to everyone 5 years old and up per the CDC guidelines.
- Proof of vaccines is required either in the form of the card or a virtual card.

Masks required indoors only at all times, except when sleeping, washing, or eating in all spaces other than sleeping cabins.



Welcome to the Free Spirit Gathering, located at Camp Ramblewood, in Darlington, MD! We invite you to join us from August 1st to August 6th for an extraordinary celebration of freedom and self-discovery. Our gathering provides a magical setting where you can immerse yourself in a rich tapestry of spiritual exploration and communal connection. Engage in transformative workshops, participate in empowering rituals, and forge lasting bonds with fellow seekers on a similar path. Nestled amidst the serene beauty of Camp Ramblewood, this gathering is your opportunity to break free, embrace your true essence, and embark on an unforgettable journey of personal and collective transformation. Mark your calendar and prepare for an experience like no other at the Free Spirit Gathering!

Welcome to Free Spirit Gathering 2023!

#### Free Spirit Gathering Policies

Please take a moment to refresh your memory of our event policies. If you violate any of these policies, you risk ejection without refund.

- Our events at Camp Ramblewood are clothing-optional. This means that you can
  wear as much, or as little, as you feel comfortable wearing, and that nudity is
  fairly common. Just because someone's nude, however, does not mean he/she
  is inviting you to have sex with, harass, touch, or leer at him/her.
- If someone's behavior makes you uncomfortable, please consider first speaking
  directly to that person. If you don't feel that you can resolve the issue with that
  person on your own, please bring your issue to the attention of a staff member or
  the ombudsperson in a timely fashion. We will investigate and take appropriate
  action. Please note that we can do nothing if you do not tell us, and if you wait
  until after the event is over, we can do very little.
- Respect others' personal space, privacy and possessions. In particular, ask
  permission before touching anyone else's magickal items—drums, staffs,
  athames, swords, bells, chef's knives, whatever—and if the owner refuses
  permission, accept that refusal politely and with good grace. By the same token,
  while we have had very few problems with thefts at our events, please use
  common sense with your personal property and valuables, as neither FSA nor
  the Camp can be responsible for them. If you have a question or problem, please
  see a staff member immediately.
- Please wear your wristband all the time. It lets us know that you belong onsite, and that you're not, e.g., sneaking in to steal everyone's left shoes. If we find you without your wristband, we will escort you either to your cabin/tent to retrieve it or to Check-in for a replacement.
- Do not bring illegal substances to Camp. Do not share alcohol with folks under 21 or tobacco with folks under 18. By the same token, if you're of legal drinking age, please be responsible with your alcohol use. Please note that giving your 21+ wristband to someone under 21 is considered the same as offering her/him alcohol, and will get both parties ejected.
- Do not smoke inside or near cabins, on porches, or in buildings. This includes the
  Dance Pavilion. If you smoke, please dispose of your butts properly; a recycled
  Altoids tin with sand in it makes a reasonable portable ashtray. Throwing butts on
  the ground does not constitute proper disposal.
- Do not use grills or camp stoves inside cabins or on porches. Also, you may not dig your own fire pit; you may, however, use a portable fireplace.
- Do not burn incense, burn candles, smoke, or cook inside cabins or on cabin porches! The local Fire Department charges a substantial fine for false alarms. If you cause a false alarm, you will be responsible for paying the fine.
- Please be respectful of and courteous to your fellow attendees—your cabinmates in particular—when indulging in adult activities.
- Our events are off-limits to all media personnel acting in a professional capacity without our prior written consent.
- Photography, videotaping, and other forms of recording are allowed only with prior permission from all persons involved. Look at folks' wristbands; if someone's wearing a photo-ok wristband, he/she has indicated a that it's ok to ask—not that it's ok to just take the photo. People not wearing the photo-ok wristband don't want to be photographed, period. Ask before taking a picture, and

be aware of people in the background as well. In particular, please don't photograph rituals or workshops without the consent of all of the participants.

- We expect that everyone will maintain a certain level of decorum in public places. In so many words: no public sex at FSG, please. If anybody can see you without making a significant effort, it's public. If your activity includes significantly touching yours or anybody else's naughty bits, it's sex. Please don't rules-lawyer with us on this.
- You are fully responsible for your own actions, and parents, you are responsible for the actions of your minor children.

One more note: if you order pizza for delivery, please be up at the white house 10–15 minutes after you place your order. If you're not there to pay the driver when he/she gets there, and we can't get you on your mobile, we may auction your order off to the highest bidder, or we may pay for it and charge you a handling fee. What we really want not to do is annoy the pizza place so badly that they stop being willing to deliver.

You may be wondering what's up with all these rules and guidelines. Pretty much

every line here (and in the front of every event's program book) was occasioned by someone's bad behavior. Someone did actually try to jump the big fire (and get badly burned). People have engaged in loud public sex on the family side of Camp at FSG. People have had sex loud enough to register a 3.0 on the Richter scale at 3:00a (and 4:00a and 5:00a and 6:00a) in their cabin. Parents have put infants in the pool butt naked. People have seriously overindulged in alcohol and/or various other substances (and we've had messes to clean up). People have used mattresses as candle-holders and set them on fire. People have ordered pizza and never showed up to pay the driver. What we're asking here is: please don't take off your common sense along with your mundane clothing. A modicum of manners, self-responsibility, and thought will go a long way towards helping you—and your friends and community—have a good gathering. We've said this earlier, but it bears repeating: If you have an issue with someone's behavior, and you're not comfortable addressing that person directly. please bring your issue to the attention of a staff member or the Ombudsperson while we're in a position to do something about it. You're not bothering us; that's one of the things we're here for. If you tell us about

#### **Free Spirit Pool Policies**

an incident months, weeks, or even days after it happens, you sharply limit our

Please take a moment to refresh your memory of our pool policies. If you violate any of these policies, you may be asked to refrain from pool usage.

- No Diving.
- No Running.
- No Smoking.
- No Food, or drinking (except water).
- No Glass (eyeglasses are the exception).

ability to assist you in finding a solution.

- No one under 15 is permitted in the pool area without a guardian; no more than 3
  people under 15 with a guardian. Guardians must be 18 or older. The age limits
  are set by regulation; please do not ask us to make exceptions.
- Attendees between the ages of 15 and under 18 need a guardian if no lifeguard is present.

- Lifeguards may not watch children or act in a guardian capacity, there are no exceptions.
- Any person (not ramblewood staff) found in or around the pump house maybe expelled from camp property.
- Non potty-trained humans in the pool must wear rubber pants with elastic legs over cloth or swim diapers.
- You may swim at your own risk during hours when there is no lifeguard on duty; however please keep the noise down after 10:00 p as noise travels around the camp.
- Be advised that the staff, may close the pool at anytime for safety reasons, such as weather, or other concerns and will lock the pool accordingly.

#### Free Spirit Fire Etiquette

Please take a moment to learn the etiquette of the campfire.

- Don't try to jump the fire.
- · No glass or aluminum containers on the sand.
- Do not step into the pit, or mess with the fire at all unless invited to by the head fire tender.
- Keep trash off the ground and dispose of it in the proper receptacle (not the fire).
- Be aware of and respectful of, the people sharing the fire with you. This includes things like not standing still so close to the fire as to crowd the dancers and not standing right in front of the drummers.
- Offerings to the fire- all items must be safe and appropriate to burn, and must be approved by the head fire tender BEFORE placing them in the fire.

# Entertainment Wednesday

#### Gypsy Funk

Gypsy Funk Squad is the name! cultural appreciation is our game! "World Fusion—¿C0νfμs¡øn?—Dance Music" – a conglomeration of music from Turkey, Egypt, Israel, UK, Cameroon, Italy, Mexico, India, USA etc-etc-etc, performed by a motley of musicians in a FUN'k-tifed, unpredictable manner—with audience dancing and participation, Country music for Spaceship Earth-What on Earth could that mean?!

#### Thursday

#### Brian Henke

IIPMA (International Pagan Music Awards) Best Male Artist winner both in 2019 and again in 2020, Brian Henke composes and performs his music like a painter putting images on canvas, a kind of sonic shaman, drawing his inspiration from the world around him.

His unique guitar style has been called everything from Folk to New Age to Neo-

Classical to Pastoral or as Brian likes to call it a big stewpot of everything, stirred up, simmered and served to taste." Brian has just released his latest vocal CD "To the Faire"....2 more vocal albums and one instrumental are written and partially recorded.

He has also released seven instrumental solo guitar and harp guitar albums, two celebrated compilation albums. The Woodchooper's Ball which benefit's the Cleveland Ohio area homeless and the Green Album which is still benefiting The Rainforest Trust, one group CD, and three previous vocal albums and....is working on a musical play with writer and playwright Byron Ballard called "Forevermore

#### Friday

#### James Scott

James Scott (SoulSpeaker) is a hypnotist, psychic, medium, shaman, and mystic who has spent more than 30 years walking the magickal path. From the sacred teachings of the Hawaiian kahuna to the shadowy whispers of the Hungarian Roma, he has learned many secrets that he now incorporates into everyday life. He specializes in teaching others the power of words to shift perception and shape reality.

#### Saturday

#### Kindred Crow

Kindred Crow is a Pagan Folk project featuring Irene Glasse (<u>Cassandra Syndrome</u>, <u>Imbolc Fire</u>, <u>Revel Moon</u>), Ash Glasse (<u>Cassandra Syndrome</u>, <u>Imbolc Fire</u>), percussionist Strix, didgeridoo player Caine Dreamwalker, vocalist Layla, and late band member singer songwriter



Kat Gray (Kat Savery, Twelve Days Dry). Kindred Crow is an acoustic journey through mystery, magic, myth, and mirth. Pagan Folk: Soaring lyrics over powerful rhythms. A little bit of magic, a dash of mystery, and a whole lot of revelry. Like their namesake, the Crows offer a musical mix that strikes a balance of compelling beauty, resonant storytelling, and more than a little bit of mischief."

#### Rituals

#### **Ancestor Seance-Patricia Althouse**

A Seance designed to honor Ancestors, this ceremony features prayers, songs, and offerings to entice attention from the Ancestors' spirit realm. This ceremony permits alcohol and cigar smoking, so tolerance of being around this is necessary, but not required to participate. Drunken behavior will not be tolerated.

#### Celebrate Lughnasadh - Firesong

As our festival dates change to August, we are set to celebrate Lughnasadh honoring Tailtiu and Lugh with cooperative games, songs, and stories. Come prepared to boast, to share, and to enjoy. Bring drums if you have them. Please bring water.

#### Es Hoietfescht - Robert L. Schreiwer

Hoietfescht– Festival of the Haymaking. Hoiet is a Pennsylvania Dutch name for July, and this festival falls either the last week of July or the first week of August.

This is a celebration of the first physical grain harvest and also of the harvest from our labors, our relationships, and our community interaction. This ritual honors the deities of the Wane from the Urglaawe (Germanic) pantheon. Participants are invited to wear yellow, gold, and green colors (not required). This ritual will be in both Pennsylvania Dutch and English.

#### Fire Stone Ritua - IMary Rooker

Fire Stone Ritual: Finding Our Wav Home This special, two-hour ritual will support us in finding our way home—to ourselves, to our lineage/ancestors, and to the rest of Nature/all our kin. The ritual will be held on Sweat Hill, but we will sit around the Sweat Fire, not inside the Sweat Dome. As with a sweat, heated Stones will guide, heal, and teach us. Please bring a cup for drinking water, a towel or two to sit on around the fire, and your prayers and questions. Optional items: if you prefer to sit in darkness, you may bring a bandana or eye curtain to cover your eyes. If you have a ceremonial bowl, cup, or small cauldron, these are welcome but not required. Drinking water is available at the Sweat site. Mary "Tyrtle" is offering this ritual instead of her usual Stone Bath sweat.

# Global Spirits Trance Possession Rite for The Spirits of Curiosity - Firesong

In this open circle, The Universal Temple of Spirits presents a service for the Spirits, honoring them in their manifestations through drumming, dance, song, and art. The service will begin a half an hour earlier with a sung litany prayer to set the space. All are welcome to join in with this. And then the drums start. The singing and dancing continues throughout, and we call our Spirits into ourselves to share our celebration. This is an open circle; you may join late or leave early (although you'll probably miss some good stuff if you do). This is a pluralistic working, so we will honor Spirits from around the globe and sing in their native languages when possible. Please note that this is not an open drum circle; it is a possession-based working. The more active your participation, the more exciting the

Please bring: Your Spirit of Replenishment; a song for them, if you have one; a design for them; altar objects, if you have them, and drums, if you drum. You may wish to dress in the colors of the Spirit you'll be honoring. Donations of food, drink, or money for supplies are appreciated, but not mandatory. The Universal Temple of Spirits is a celebratory group practicing in the Global Spirits tradition. The celebrations welcome all Spirits from around the globe in harmony. Rituals are theme-based, rather than pantheon-based, and incorporate what we have in common as humans: shared food, dance, song, drumming, art, and possession trance. Global Spirits is a harm-none tradition. No one is required to partake of alcohol.

# Paying the Rents- a Ritual for Manannán mac Lir - Hugh Eckert and Sundance Metelsky

Manannán mac Lir is a sea god most honored in Ireland and the Isle of Man; 'Mac Lir' means "son of the sea". As well as being a sea god, He is a psychopomp and a gatekeeper to the Otherworld. Manannán has strong ties to the Isle of Man, and every year the Manx people offer bundles of reeds, meadow grasses

and yellow flowers to Him in a ritual "paying of the rent," accompanied with prayers for His aid and protection in fishing. We will gather at the lake and connect with each other and with Him. We'll sing for Manannán and make offerings of reeds, grasses and flowers. We will ask for His protection and thank

#### If you wish, you may bring your own biodegradable offerings.

#### Workshops

#### Back to the Garden" Celebration - Denise Lavery

# Animal Communication II – Talking with Animals In Nature Deborah Becker

One of the unexpected, yet logical progressions of communication with our pets is communication with wild animals. Often this connection comes easily and unexpectedly but carries with it great responsibility. Wild animals have strong boundaries and etiquette that we need to recognize to keep the connections clear. Honor, respect, and appreciation for our wild partners in nature keeps our conversation viable.

#### Animal Communication With Rescue Pets - Deborah Becker

Animal Communication with Rescue Pets. Many of our pets are rescues; they come to us as strays, from disaster areas, hoarding situations, or other desperate situations. When they find that we can and want to communicate with them, doors open so that we can give them their best lives. Respect, patience, humor, and a willingness to let the 'Dog train the human' are key in communicating with our pets.

Animal communication often facilitates deeper understanding within us and gives clarity and strengthens our path in many unexpected way

#### Appalachian Folk Magic - Byron Ballard

An intro to traditional Appalachian folk magic from a long-time practitioner.

#### Astrobiology - Carlo Ravin

Bring your birth data and some note paper and learn how to use Astrology to plan conception and also your future child's Sun sign and gender. This technique can also be used as natural birth control in order to avoid conception.

#### Candy Magic - Byron Ballard

Using old-fashioned candies to create easy, effective magical workings.

#### Celtic Cauldrons of the Soul - Sundance Metelsky

The cauldron is a sacred symbol of wholeness, mystery, magic, rebirth, and transformation. The ancient Celts have many stories where cauldrons figure prominently, including the goddess Cerridwen's Cauldron of Transformation and the god The Dagda's Cauldron of Plenty. "The Cauldron of Poesy" is an Irish text from the Middle Ages that describes three cauldrons that reside within each person: The Cauldron of Warming (associated with physical health), The Cauldron of Motion (associated with emotions/activity in the world), and The Cauldron of Knowledge/Wisdom (associated with spiritual knowledge/advanced poetry). The text provides some insights into what each cauldron regulates, their

positions, and how they engage with each other. The cauldrons were meant to help poets and bards hone their craft and grow spiritually. Today, people work with these cauldrons to engage with their body, mind, and spirit, checking to see how each cauldron is doing and whether it needs to be turned. Yes, the cauldrons can be on their side or even upside-down! In this experiential workshop, we will learn about the three cauldrons of the soul and do a guided imagery visualization to engage with each cauldron and see how our own inner cauldrons are doing.

#### Channel Universal Love - James Scott (Entertainment person)

Many people think that spiritual healing is difficult. However, the truth is that Universal Love is accessible to anyone ... at any time. Attend this workshop and discover how to raise your vibrational frequency, ascend to the highest of heights, and experience true bliss.

#### Chants for Kid's and their Adults - Patricia Althouse

It's never too early to learn chants that can be used in ceremony and around the fire circle! This workshop will teach some simple popular chants to beginners of any age.

# Whose blood is in *this* soil? Integrating racial justice & reconciliation into your spirituality - Carla Gates – Candaca Okun

Perspective: We have earth-based spirituality. Our long ago Ancestors may have been Pagan, but in order to fully step into our power we must own everything that contributes to our context as well.

#### **Creativity and the Devine - Coriander Woodruff**

Life imitates art. Art, like many forms of magic, is the direct manifestation of our ideas and beliefs into the world. This class focuses on the connection between the divine and art, how to allow your creative process and your spiritual path to deepen one another, and what our responsibilities are to the creative self.

#### Energy Works I - Grounding and Shielding - Klytus

In my experience, Grounding and Shielding are skills that every energy worker should know. Grounding is a technique where we form an energetic link with Mother Earth, Herself, to help us cleanse, purify, and strengthen our personal energies. Shielding is a technique for keeping external energies out of our own energy. When working with energy, keeping your own energy as clear of external "contamination" as possible is critical, especially when doing energy work with/for/on others. Yet for as "simple" as these concepts may sound, I have met a number of energy workers who struggle with one or both of these techniques. This workshop offers tips, guidance, and practical exercises for beginners and experts alike.

#### Energy Works II – The Basics and Ethics -Klytus

This workshop offers a general overview of what we mean when we talk about "energy work". We will also learn how to sense, move, and manipulate energy. Once you have an understanding on working with your own energy, we will step into sensing, moving, and manipulating the energy of others. We will also discuss

the very important issue of ethics when doing energy work with/for/on, other people. Otherwise, the work we intend to do will not simply fail, but potentially have harmful effects, regardless of our best intentions.

#### **Energy Works III – Putting Energy to Work -Klytus**

In this intermediate-level class, we get into the nitty-gritty of actually "doing stuff" with energy. This workshop is for those who have either taken my first two classes, and/or already have a solid understanding of the techniques those classes cover. We will not only discuss some of the applications for more advanced energy work, but also techniques for doing them. The topics we will try to touch on are: building wards; empowering spells and rituals; cleansing and programming crystals; tapping outside energy sources; and energy constructs. There is one topic we will not get into, as that is reserved for its own workshop...

#### Energy Works IV - Energy Healing - Klytus

This advanced workshop is all about the use of energy for healing work. Many energy workers are drawn to healing, but there are very real risks when this type of work is not done properly. Once we all have a shared understanding of those risks, we will learn and practice some of the techniques discussed.

#### **Everybody Drum w Ken Crampton - Everybody Drum w Ken Crampton**

Everybody Drum holds Community Drum Circles, Sacred Circles(Rhythm Church) and Drum Classes! Our Drum Circles, classes and workshops are open to any individual and family. Grab your drums, shakers, clickers and scrapers! And let's make music and get groovie!

#### Fashia stretching - Jack Brycki

Simple isometric stretches for the nervous system.

# Fitheachas: Poetic Seer-Trance OR Augury with Raven and Wren - Mo (Moine Michelle or Michelle LaFrance

In Scotland, a ritual-form named the "frith" augered the condition and placement of things lost, the outcome of ventures, and acquired messages about people, animals, and the land. A "fitheachas" was specific type of this ritual work, which called upon the knowledge of the raven (or the wren) to warn, guide, and inform a seeker. The old Irish scéal (stories, sagas) also tell us of three trance-informed poetic abilities cultivated by the Druids: Imbás forosnai (illuminating wisdom), Dichetal Do Chennaib (speaking from the head/ spontaneous incantation), and Teinm Laida ("cracking the marrow"—a form of spell song).

In this workshop, we will discuss these rituals, the sgéul/scéal that offer insights into these states and how these stories guide today's mystics in opening to the wealth of messages of the unseen worlds, gods and not gods. We will discuss what we may do to cultivate and explore these states safely and toward deeper wisdom. Using modern poetic techniques, we will then create a chant to shield and protect us and call upon and journey with our Raven or Wren allies to share their messages with us.

### From Discomfort to Transformation: Trauma-Informed Spirituality - Ron Padrón

This workshop will help participants create space for sustainable healing and

radical change through trauma-informed spirituality. Together, we will discuss the danger of "spiritual bypassing" and the necessity of acknowledging trauma – especially that of marginalized communities. The discussion will center stories from the presenter's experiences as a queer and disabled person. Participants will leave with steps on how to incorporate deeper healing and transformation in their personal and community practices.

#### FUNky Drumming Games, tricks and tips for more fun! -Jack Lowry

Spice up your drum jams with some back and forth call- response techniques using 1, 2, 3 or 4 measure call and response or call and repeat. Learn how to tease your drum and the drum circle with the power of space, hand claps and "break downs" and how less can be more Some practice tips for dexterity and timing will also be shared.

#### Fused Glass and Jewelery Making - Tina Van Pelt Healing Our Relationship with the Rest of Nature - Mary Rooker

We often want to do ceremonies to "heal the planet", or a river, mountain, or species. Can we apply paganism/shamanism to help repair the damage to the living world? What repairs are required to our relationship with the rest of the living world?

#### Home Funerals - Sharon Igoe von Behren

A workshop to offer ideas on alternatives to using a funeral home for viewings after a death has occurred. Information session and demonstration of a possible body preparation for home viewings.

#### Honey on the Stones: Sovereignty, Sex and Myth - Byron Ballard

The counterbalance to living in a culture of death is to embrace the totality of life and enrich the life force through conscious and intentional action. This workshop is for women and men and will explore the Sacred Sexual as a healing modality for both ecosystem and human community. We will examine techniques for utilizing the life force as it courses through human bodies to enact change in the world around us—sexual activity (partnered or otherwise) as a means of raising energy. Discussion will include the hieros gamos and sovereignty in the modern world, the so-called Great Rite, and the terrible question of power. This is an intensely adult workshop covering several aspects of sexual activity (including technique) in the service of Earth healing and of magic.

#### How to Raise a Stone; Physically and Ceremonially - Patricia Althouse

Raising Stones is the hallmark of Stone Circle Council; our members have been doing it in one way or another for over 20 years. We delve into the spiritual wisdom of ancient peoples the world over and discover the benefits of coming together as a community to accomplish a truly monumental task.

#### Intro to Palmestry - Stacey Smith (SIren)

Intro to Palmestry... the Basics

A very intro level glimpse into Palm Reading and Palmestry. You'll learn where to look and what to look for so you can have a solid understanding and can determine if this is something you want to know more about.

# Intro to playing the Middle-Eastern Doumbek (goblet) Hand Drum - Jack Lowry

We will learn the three basic hits – Dum, Tek and Ka. Then we will put those together to make ayyoub, chiftitelli and maqsoum rhythms (maybe even masmoudi, beledi, and saidi rhythms too). If we are feeling ambitious we can

even try some 9/8 rhythms; Karsilama; "Gypsy Nine"! Bring your frame drum, dumbek or any drum, I will have only a few to share. Rhythm notation sheets will be handed out.

# Magical Musical Composition and Songwriting - Brian Henke (Entertainment)

Many of you are accomplished witches. You can cast a spell either that you picked from a book, the internet or that you made up yourself. Wjat we composers/songwriters/singers and musicians do is magic too. Whether we know it or not. It's all about vibrations and Intent. Whatever musical abilities you have or do not have (or don't THINK ou have) if you wannt to know more about making magic with music than this is the workshop for you!

#### Magical self Care - Amy Blackthorn

In the realm of Magic, Hollywood Witches, wow, they always have a babysitter, always have their robe steamed all the wrinkles out and arrive to ritual in a sleek car with lots of other attendees all wearing the same thing, with perfect hair and makeup. We know real life isn't Hollywood, we're going to discuss how we can feel like we have the time and energy to go big without stealing tomorrow's spoons/energy. 40% of US residents have at least one chronic condition, we need strategies for making time for ourselves, our Magic and whatever ways we can include our own needs in the day to day. Copies of Blackthorn's Botanical Wellness and her other books will be available for purchase.

#### Meet Your Spirit Animal - James Scott (Entertainment person)

Ever wonder what your true spirit animal is? Attend this workshop and take a shamanic journey where you'll not only discover your spirit animal ... you'll meet and speak with them!

# Morning Chi-cong routine - Jack Brycki Music and Nature - Brian Henke (Entertainment)

Using music to describe nature.

The nature of your heart, nature of the Earth and the Cosmos too. Musical ability not necessary.

Bring your instruments, voices, drums and lets tune in together.

#### Music, Magic, Love, Nature and Everything - Brian Henke (Entertainment)

Music, magic, love nature are all connected to everything. You don't need to be a musician to make music. You don't need to be a master musician to express and celebrate love and nature with music and you do not need to be a musician to make magic with music. Music IS magic! Bring your drumss, voices, and instruments of all kinds and we'll make music and magic together.

#### Nature Walk - Zenlizard

Meet at the Healer's Hut, and Zenlizard will point out the various forms of wildlife found on the grounds, especially around the small lake.

#### **Protection Magic - Amy Blackthorn**

This focused class will examine the variety of options available to practitioners in the realm of Protection magic. We'll examine effective tools for maintaining a protective circle around your home, working with the phases of the moon, using your coffee / tea time to meditate on mending holes in your defenses and how to create a candle spells for life's unplanned events. Copies of Protection Magic will

be available for purchase for autographs.

#### Queer Identity in Heathenry - Ashe Glasse

Using the Lore, folk practice, and the historical record, this workshop will explore examples of queer identities in Heathenry. This will be followed by a moderated discussion on how a person with a queer identity might be able to find their way in Heathenry while also being bombarded with toxic masculinity through Viking stereotypes.

#### Reclaiming Hexerei - Robert L. Schreiwer

Hexerei is an integral part of the Pennsylvania Dutch culture, yet it is misunderstood even by many people within the culture because what Hexerei is has been defined for generations by its enemies. The Guild of Urglaawe Practitioners of Braucherei and Hexerei has undertaken the project of reclaiming Hexerei based on the practice's own understandings and functions. In this discussion, we will talk about how the social stigma on Hexerei was used in efforts to destroy the Pennsylvania Dutch culture during the interwar period, and will present Hexerei's view of itself and how it relates to Braucherei.

#### Recover Your Past Life - James Scott (Entertainment person)

Do you ever get the feeling that you've lived before? Is déjà vu something you regularly experience? Attend this workshop and travel back in time to discover who you were in a past life!

#### **Recovery Support Meeting at FSG - Sundance Metelsky**

We are a group of free spirits recovering from various addictions. We share our experience, strength and hope with each other in the context of our spirituality and our chosen path of recovery. We gather in this circle to share about how our spiritual path and our recovery work in our lives. Festivals can be times of stress and challenges as well as a lot of fun. Come join your fellow free spirits who are in recovery and share your experience, strength, and hope!

#### Respect and Reverence for Nature's Beauty and Power - Adam M. Davis

You are invited to join us in exploring nature's magic during a walk through the landscape. As we travel, we will have opportunities to greet and connect with various aspects of nature. We will have opportunities to use diverse techniques to explore the local ecosystem and to give thanks and praise to nature entities and energies. While we will focus on showing appreciation, various kinds of personal transformation could also occur.

#### Rhythm Church / Sacred Sounds - Ken Crampton

Explore the rhythmic sounds of idiophones, scrapers, clickers, clackers, bells, gongs and chimes! Finding rhythms out of sound making instruments that model nature and finding unity as we evolve into movement and music!

#### Safe Hex: Magical Self-Defense - Irene Glasse

Magical people – witches, magicians, spiritworkers and the like – are a bit like the flames of candles in a dark room. If we think of magical skill as being at the core of the 'flame,' magical folk shine very brightly. That brightness draws things to us.

Some of those things are good – sometimes it's other bright "lights," or helpful spirits, or Gods. However, we also draw less helpful things. Learn tools and techniques for managing your personal energy, protecting yourself from the influence of others, and keeping your home and property safe.

#### **Temple Arts - Irene Glasse**

Rituals, at their very best, hold space for a transcendental experience to occur. If a religion is the macrocosm, ritual is the microcosm. Just as a religion holds the mystery in a particular way, so too do rituals. As with religions, the shape and style of rituals matter. Learn techniques, tools, and approaches for creating and facilitating ritual experiences that foster transcendental experiences for both individuals and groups.

#### The Rights of Nature Movement - Mary Rooker

A new movement to recognize nature as legal person is underway. It asserts that rivers have a right to flow free and not be dammed or poisoned, that grizzly bears have just as much right to habitat as we do, and more. Come learn about this exciting development that is so aligned with paganism and shamanism!

#### The Winding Roads of the Hedge - Ron Padrón

The idea of the "hedge" is often constructed as the dividing line between ordinary reality and Other World space, often overlooking this in-between as a space unto itself. This workshop builds upon queer Chicana author/activist Gloria Anzaldúa's philosophy of "nepantla" to explore what it means to exist inside liminal spaces. Attendees will explore how and where hedge spaces exist in institutionalized systems as well as personal practice, the concept of the hedge as both mundane and mystical, how these spaces serve as refuge and incubators for transformation, and how those who operate within the hedge serve as bridge-builders.

# Vibrational Breathing: Working with Music on a Deeper level. (First in Series) - Alice Black

Vibrational Breathing is a practice, similar to pranic breathing with derives focus and energy from music and sound. This Excercise is meant to assist with

#### **Sweats**

### Thursday afternoon, 3:00 – 5:00 PM Wiccan Five Parts of Self Sweat

This beginner-friendly lodge is based on Wiccan principles and the model of five parts of self, corresponding to the Five Traditional Elements: Air/Mind, Fire/Will, Water/Heart, Earth/Body and Spirit. A sweat is an ordeal ritual of transformation, of death and rebirth, and this lodge is specifically for self-work. Come prepared to delve deeply: we will be giving away that which we no longer need, and asking for what we need and want going into our new lives, in the framework of the Elements. This lodge is beginner friendly, and it will be as hot as it needs to be. Please bring one or two towels and a water bottle or cup, plain or fancy, for drinking water. Older YAs may participate in this Sweat with parental consent (see age range). Please bring your parent/guardian with you to the Sweat Village right before this Sweat to sign the waiver book. (For: All; Tradition: Seelie Court

with training ties to Sun Bear; Heat: Hot; Herbs used: Can vary; will use alternatives to ones folks are allergic to; Ages 15+; Max attendance: 12.

#### Friday afternoon, 1:00 – 2:30 PM Young Adults-Only Sweat — Giani Siri, Beginner-friendly sweat

A sweat conducted in the manner of Friends, with attenders guiding as the Spirit moves them. Giani will give some history and answer questions.

# Friday afternoon, 3:00 – 5:00 PMFinding Our Way Home Stone Bath "Sweat" – Mary "Tyrtle" Rooker, Women Only

This stone bath "sweat" ceremony supports us in finding our way home—to ourselves, to our lineage/ancestors, to the rest of Nature/all our kin, and to the whole of Oneness/The Great Song. This work is a 3-way gift: (1) to our Ancestors as we clear part of the lineage; (2) to ourselves as we step into true power and place; and (3) to those yet to come, human and more-than-human, who will one day stand our shoulders. No alcohol/drugs 24 hours before or after. Please be on time; bring one or two towels and a water bottle or cup, plain or fancy, for drinking water. (For: Women (on Moontime welcome); Tradition: North European Shamanic; Heat: Moderate with Hot Spikes; Herbs used: Flower Petals, Osha Root, Mugwort, Cedar. Please tell Tyrtle before we start if you're allergic to any of these; Ages 15+, minors please bring your parent/guardian with you to the Sweat Village right before this Sweat to sign the waiver book; Max attendance: 12.

# Saturday afternoon, 1:00 – 3:00 PM Wiccan Five Parts of Self Sweat

This beginner-friendly lodge is based on Wiccan principles and the model of five parts of self, corresponding to the Five Traditional Elements: Air/Mind, Fire/Will, Water/Heart, Earth/Body and Spirit. A sweat is an ordeal ritual of transformation, of death and rebirth, and this lodge is specifically for self-work. Come prepared to delve deeply: we will be giving away that which we no longer need, and asking for what we need and want going into our new lives, in the framework of the Elements. This lodge is beginner friendly, and it will be as hot as it needs to be. Please bring one or two towels and a water bottle or cup, plain or fancy, for drinking water. Older YAs may participate in this Sweat with parental consent (see age range). Please bring your parent/guardian with you to the Sweat Village right before this Sweat to sign the waiver book. (For: All; Tradition: Seelie Court with training ties to Sun Bear; Heat: Hot; Herbs used: Can vary; will use alternatives to ones folks are allergic to; Ages 15+; Max attendance: 12.

#### Saturday afternoon, 3:30 – 5:00 PM Quaker Sweat — Giani Siri, Beginner-friendly sweat

A sweat conducted in the manner of Friends, with attenders guiding as the Spirit moves them.

#### 2023 – Presenter Bios

#### **Featured Presenters**

#### Byron Ballard

H. Byron Ballard, BA, MFA, is a western NC native, teacher, folklorist and writer. She has served as a featured speaker and teacher at Sacred Space Conference, Pagan Spirit Gathering, Southeast Wise Women's Herbal Conference, Glastonbury Goddess Conference, Heartland, Sirius Rising, Starwood, Scottish Pagan Federation Conference, Hexfest and other festivals and conferences. She serves as senior priestess and co-founder of Mother Grove Goddess Temple and the Coalition of Earth Religions/CERES, both in Asheville, NC. She podcasts about Appalachian folkways on "Wyrd Mountain Gals." Her essays are featured in several anthologies and she writes a regular column for SageWoman Magazine. Her books include "Staubs and Ditchwater" (2012), the companion volume "Asfidity and Mad-Stones" (2015) "Embracing Willendorf" (2017), "Earth Works: Ceremonies in Tower Time" (2018), "Roots, Branches, and Spirits: the Folkways and Witchery of Appalachia" from Llewellyn (Feb. 2021) and "Seasons of a Magical Life: a Pagan Path of Living" (Weiser, August 2021). Upcoming: "Simple Magics: Secrets of an Appalachian Village Witch" (Llewellyn, 2023), "The Ragged Wound: Tending the Soul of Appalachia" (Smith Bridge Press), "Porch Food: a cookbook from Wyrd Mountain" and a musical adaptation

#### Amy Blackthorn

Amy Blackthorn is the award-winning author of the best-selling, Blackthorn's Botanicals series. She has been described as an "arcane horticulturalist" for her lifelong work with magical plants. She has a certification in aromatherapy and is ordained through the Order of the Golden Gryphon. Amy's company, Blackthorns Botanicals, creates tea based on magical associations. She has appeared on HuffPoLive, Netflix's Top Ten Secrets and Mysteries & the AP Newswire. Amy lives in Delaware. You can view Amy's tea shop at BlackthornsBotancials.com.

of A Midsummer Night's Dream. www.myvillagewitch.com

#### Irene Glasse

Irene Glasse is a Mystic Witch based in Western Maryland. She is President of the Frederick Covenant of Unitarian Universalist Pagans, organizing and offering Pagan events, rituals, classes and workshops to a large, vibrant community. She is one of the founders of Blackfeather Mystery School, and co-author of 'Blackfeather Mystery School:The Magpie Training.' Irene also performs readings, healings, pastoral counseling services, magickal and ritual work, guided study and more both in person and remotely through her website, www.GlasseWitchCottage.com

#### Rob Schreiwer

Robert Lüsch-Schreiwer is a founder of Urglaawe, a Ziewer (godsman/priest) in Distelfink Sippschaft, Godsman in The Troth, and a practicing Braucher and Hex in the Oley Freindschaft and the Guild of Urglaawe Practitioners of Braucherei and Hexerei. Through the Pennsylvania Dutch Heathen Alliance for the

Urglaawe, he has been conducting a project to gather oral lore from all regions of Pennsylvania Dutch settlement and currently working on other language and cultural advancement projects. He is the former Steer (President & CEO), Clergy, and Ambassador of the Troth, the Founder and Elder of The Troth's In-Reach Heathen Prison Services program, Program Coordinator of The Troth's Red Hammer Disaster Relief Program, Senior Manager of Heathens Against Hate, and The Troth's Steward for Pennsylvania. He is the Founder and Elder of Philadelphia Pagan Pride, and he is one of the Managers of the Parade of Spirits in Philadelphia. He presented at the Parliament of the World's Religions in 2015 and 2018 and will do so again in 2023.

#### Other Fabulous Presenters

**Adam M. Davis** - Dr. Adam M. Davis is a multidisciplinary naturalist who is experienced with many ways of connecting with nature: energetic, meditative, scientific, artistic, ecstatic, ceremonial, shamanic, and more. He has been facilitating nature awareness and inspiration workshops of the Connecting with the Land Workshop Series since 1998. More information about this workshop series is available online at www.landsolution.com/connectingwiththeland.html.

**Alice Black** - Alice Black is a Trans Heathen Witch who works primarily with Odin, and Loki, with experience and expertise in Musical Working, as well as an eclectic range of other topics.

**Ash Glasse** - Ash is the Gothar for Elk Ridge Kindred, an inclusive Heathen Kindred based in Western Maryland. They are an active member of the Frederick Covenant of Unitarian Universalist Pagans where they can usually be found carrying chairs. Ash teaches classes and workshops through Frederick CUUPS and at various festivals and events in the region. They are also a member of Kindred Crow where they play guitar, mandolin, bass, bouzouki, drums, and spend too much time yelling at sound equipment.

**Carla Gates – Candaca Okun** - Carla initially pursued Nursing, becoming an RN in 1992, born out of a passion and natural inclination for healing inherited from her Great Grandmother and her parents. Later, Carla expanded her healing approach beyond allopathic medicine, pursuing spiritual healing techniques.

Carla specializes in compassionate deposession, curse/hex unraveling and Healing Touch. Carla is deeply connected to African Derived spiritual traditions – culminating in her deep connection with Olokun and her spiritual name: Candaca Okun.

Over the years, Candaca Okun has developed a healing approach that is focused on amplifying clients' intrinsic power to own their mental, physical and spiritual wellness and engage in their own healing process.

Carla learned Compassionate Depossession and Curse Unravelling directly from the renown Betsy Bergstom in 2012 & 2013. She then went on to study with Mary "Tyrtle" Rooker (an approved teacher of Sandra Ingerman & Betsy Bergstrom) where she learned Soul Retrieval and other shamanic healing practices, completing the Shamanic Healer's Program in 2014.

Carla began studying healing touch in 2013, culminating in becoming a practitioner in 2017. In 2016 Carla became a member of Global Spirits – a modern tradition derived from African Spiritual Traditions. In 2019 Carla became a dedicated Priestess of Olokun. In 2022 Carla offered a complete course in Shamanic Essentials called: Shamanism from a Black Lens for people of the African Diaspora.

Her other qualifications and studies include: Studying with Baltimore Reclaiming:

- Elements of Magic in October 2018
- Rites of Passage in March 2019

**Carlo Ravin -** Carlo Ravin is a poet-astrologer living in New England.

**Firesong** - Firesong (Eshu Akoni) is a priestess and Pathway initiate at the Universal Temple of Spirits, a Global Spirits pantheistic trance possession temple. She is a traditional song mistress as well as a professional teacher, opera singer, artist, and a root worker. Firesong conducts chant sessions, Global Spirits services, women's rituals, herbalism classes, and pours for the Starry Night Sweat Circle. She has recorded several teaching CDs of traditional chants and is the author of Global Spirits: Philosophies and Practices. Firesong has sung with world class symphonies and performs in the US and Europe. URLs:https://www.etsy.com/shop/PurringBansheeStudio https://vocalisestudios.wixsite.com/website

Coriander Woodruff - Coriander Focus is a full time creator, working most in the mediums of photography and written word. Coriander creates between four and eight thousand photos per year and shares her art with her community alongside poetry, short stories, and other creative exploration. Coriander spent her youth deep in the mountains of rural Appalachia where her love of wild places was cultivated. She has since captured that love using fine art photography for more than a decade. She has worked as an artist and has had her work displayed nationally across galleries and shows since 2010. Coriander's other great love is teaching, since 2008 Coriander has taught a wide range of classes from fairy house building to immersive private photography workshops. Notable highlights of Coriander Focus' recent career have been Sarasvati Creative Space Residency (2022), Exhibition in Motion hosted by the Society of North American Goldsmiths (2018) and Transformation, hosted by RE:ARTESTIE New York NY. (2017)

**Deborah Becker** - Sidhe Dances Is a Third Degree Initiate of The Assembly of The Sacred wheel. She is a Priestess of Bast and dedicated to Heimdall. As a Seer, she helps others to develop their psychic abilities, and as a facilitator she helps strengthen connections between the many covens within the Assembly with Coven Share. Passionate about animal communication and nature spirits she spends as much time in nature as possible.

**Denise Lavery** - I've been attending FSG for what I believe to be about 20 years. I have attended workshops, concerts, fire circles, rituals, sweats, and performed at several lunchtime concerts over the years. I belong to a groups called "Goddess Grove", and we would like to offer sponsoring and hosting an opening

celebration setting an intention and theme for the Festival based around lammas / lughnasadh, focusing on blessings of the harvest of grains, sustenance, gratitude.

Ginger Ackley - Ginger Ackley, accompanied by her autoharp and whistles has been enchanting folks from coast to coast. She's got a special way of making music she calls "Celtic with a Twist" so you never quite know what's going to happen – except that it will touch your heart! Ginger was chosen the IPMA's 2020 Female Artist of the Year and her award winning music can be heard on several streaming stations now. Over the last few years, she has also been appearing as Posie the Flower Pixie, Tabitha the Hag of Wonder and Snowdrop the Winter Pixie. All these personae have come out to inspire everyone she meets to connect with their Inner Divine Child! Her weekly Facebook show, EnCHANTica, plays every Wednesday to audiences from Europe to Australia!

**Hugh Eckert** - Hugh Eckert has been a Pagan for more than thirty-five years; he was at the very first Free Spirit Gathering and has attended almost every one since. He is an eclectic Polytheist and member of the Universal Temple of Spirits, a celebratory and devotional group working in the Global Spirits trance-possessory tradition. He attended Cherry Hill Seminary for several years and earned a Certificate of Continuing Education in Text, Tradition and Interpretation. He writes poetry, reviews books for Witches and Pagans magazine, and reads a lot. A book of his poetry- "The Words Swim, Waiting"- is available on Lulu.com. His blog can be found at thewordsswimwaiting.wordpress.com.

Irene Glasse - Irene Glasse is a mystic witch based in Western Maryland. She is a longtime teacher of witchcraft, meditation, and magic in the mid-Atlantic. She has performed, taught workshops, and led rituals at many festivals and conferences over the years, including but not limited to the Sacred Space Conference, EarthSpirit's Twilight Covening and Rites of Spring, Fertile Ground Gathering, Free Spirit Gathering, the Shenandoah Midsummer Festival, and more. Irene is the main organizer of the Frederick Covenant of Unitarian Universalist Pagans (Frederick CUUPS), offering events, rituals, classes, and workshops to a large, vibrant community. She is the coauthor of "Blackfeather Mystery School: The Magpie Training" and blogs weekly at GlasseWitchCottage.com.

Jack Brycki - Jack Lowry is a musician who works with developing innovations in world fusion music through a confluence of musical influences and chi energy. This work initiated in 2007 at the Starwood Pagan Festival. Being a percussionist from a young age, Jack developed a keen ear for rhythm in drum circles. A guitarist in his youth, Jack has become proficient in Oud and Cumbus which he plays along with a mini 12 string guitar as well as his voice in the band Gypsy Funk Squad. Having been in the music business for over 30 years, Jack feels it is a form of prayer when he is able to connect and share his musical chi with the people of the Earth

**James Scott (SoulSpeaker)** - James Scott is a metaphysical master hypnotist, tantric energy healer, and necromantic psychic medium who has spent more than 30 years walking the magickal path. From the sacred teachings of the Hawaiian

kahuna to the shadowy whispers of the Hungarian Roma, he has learned many secrets that he now incorporates into everyday life. He specializes in teaching others the power of words to shift perception and shape reality.

**Klytus** - I have been an intuitive energy worker my whole life, but I received my first taste of intentional energy work at FSG 2009 with workshops in Reiki I and psychic healing. I am now certified in Reiki III, with training in shamanic journey work and shamanic soul retrieval. I have also spent the years practicing, refining, and honing my energy work techniques by trial and error (mostly error). In 2016, I offered to teach Energy Works I and II. They were so well received, I added parts III and IV at FSG 2017, and have been teaching the workshops ever since.

Mary Rooker - Mary "Tyrtle's" cosmology is North European shamanism. Answering the call to healing and wholeness, manifesting non-dualistic realities, and transcending gender roles are central to Tyrtle's vision. Her spiritual beliefs inform her political activism, which dates from the 1970s and includes a range of freedom, justice, and ecology movements. She calls her sweats "Stone Baths" in honor of her Anglo-Saxon/Germanic heritage. She worked sweats full-time within the Pagan community from 1995-2010 and has poured since 1996. Her primary teachers have been Betsy Bergstrom and the Foundation for Shamanic Studies. She has engaged shamanism since the early 1990s and has a shamanic healing and teaching practice in the D.C. area. Her Shamanic Healers' School opened in 2007 and continues to offer training for healers, journeyers, and everyday life. See <a href="http://www.shamanicspring.com/">http://www.shamanicspring.com/</a>.

Mason Davenport - Mason (he/him) is a seeker, aspiring mystic, and spiritual care worker following a winding path of Druid wisdom and intuitive magic. Seminary taught him how to translate various faith ideas into sacred language he can understand. He possesses few answers but relishes every question, certain only that he is blessed as a queer trans person. When not in the forest or in his head, he can be found in the joyous company of his spouse and their cats where the waters of the Anacostia and Potomac rivers meet. Mason serves as a Steward of The Wilderness Between (wildernessbetween.org) and offers individual and group spiritual accompaniment (seeksincerely.com).

**Mo (Moine Michelle or Michelle LaFrance** - Moine Michelle (Mo) is an animist, poet-seer, and AODA and OBOD Druid, who has studied Scottish Gaelic for over twenty five years. Scottish language and tradition have often informed her personal gnosis and work with land and animal spirits. She can often be found speaking with the rivers, mountains, and trees of Lost River, West Virginia.

Patricia Althouse - Patty self initiated in wicca in 1993 while a grad student at Penn State and has never looked back, spiritually. She received training in Dianic Wicca while still living in State College, then moved to Four Quarters in 2001. There she became an initiate of Stone Circle Wicca and is still involved with that spiritual path today, currently studying for her third degree initiation. In 2006, she travelled to Cuba to receive her Regla de Ocha initiation and became a priestess of Obatala. Upon leaving Four Quarters she co-founded Stone Circle Council in 2019, a spiritual non-profit dedicated to providing a safe community for pagans and teaching people to Raise Stones.

Patricia Robin Woodruff - Patricia Robin Woodruff is an artist and writer, polymath and Priestess. Her Slavic Lemko heritage is from the Carpathian mountains and she is following a spirit-initiated path of a Lemko Bosorka (shamanic witch.) Woodruff has a PhD in Metaphysical Theology. Her broad knowledge base combined with in-depth cultural studies are providing groundbreaking new insights on the roots of Slavic Magic. She is the author of Woodruff's Guide to Slavic Deities (2020). Dr. Woodruff is currently working on a book series on the Roots of Slavic Magic. Follow her at amazon.com/author/patriciarobinwoodruff

Rob Berra - Rob was Pagan before Pagan was cool (barely). He started wandering into Paganism back in nineteen-mumble-mumble, and after a couple of stops along the way joined the Blue Star Wiccan Tradition. He's now a Third Degree HPT in that Tradition, but tries not to let it go to his head. A New Englander by birth and heart, he nevertheless lives in Minneapolis with his spouse (with whom he co-leads a coven) and one offspring.

Ron Padrón - Ron Padrón (he/him/his) is a gay Cuban-American folk witch from the swamps of Florida now living in the mid-Atlantic with his husband and their small cryptid dog. He has been a member of the pagan community for two decades with specific interests in divination, Queer Ancestor veneration and necromancy, hedge witchery, and social justice activism. He is the creator of White Rose Witching through which he manages a blog sharing Queer Ancestor Spotlights and rituals, and hosts workshops across a variety of topics. He has presented at the Salem Witchcraft and Folklore Festival on spiritual activism, locally at Hallowed Homecoming discussing working with Queer Ancestors, and as a guest speaker for local pagan groups, historic sites, and small museums discussing colonial witchcraft politics and queer history.

Sharon Igoe von Behren - Sharon Igoe von Behren is a Certified Death Midwife through the Earth Traditions certification. She is also a Second Degree HPS/Initiate in the Blue Star Tradition. Sharon has volunteered at the Hospice of the Chesapeake as the Director of their Threshold Chorus, which sings at the bedside of those who are transitioning. Away from hospice work, Sharon is a recently retired IRS employee, mother of four, and grandmother of six. Sharon lives in Baltimore with her husband and three cats—Ginger, Molly, and Lili. She loves to read, cook, preserve the harvest—canning tomatoes and making jams are her favorites thus far—embroider, paint ceramics, develop bath and body products, and generally play in her (C)craft room.

**Siren (Stacey Smith)** - Siren is an active, practicing Witch of an eclectic path with over 20 years of knowledge and experience in a multitude of different subjects and takes pride in learning a little bit about everything. Having raised 3 children on the Wiccan path she also feels very strongly about sharing her faith and knowledge with the next generation. We only move forward by connecting to our past as well as out future.

**Sundance Metelsky** - Sundance Metelsky has been walking the shamanic path since 1992 and is currently enrolled in the Foundation for Shamanic Studies' 3-

Year Program of Advanced Initiations and Shamanic Healing. She is the founder of the Weather Dancing Circle, leader of the Celtic Study Circle, and a member of the Universal Temple of Spirits, Sacred Women's Circle, Sister Dreamers, WiseWoman Forum, and the Jung Society of Washington. Her interests include dream and art explorations, deep diving in the psyche, shamanic work with the Spirits of the Land, Weather Dancing, River shamanism, Celtic shamanism, and Shamanism without Borders.

**Tina Van Pelt -** Fused glass artist and pagan. Have been teaching at FSG since 2006

**Zenlizard** - Zenlizard is a former wildlife rehabilitator in Maryland, and still keeps somewhat active in that community. Also, he is a long-time staffer at FSG, so you've probably seen him around.

Young Adult Presenters
Patty Worlledge
Joseph Hardy
Genevieve Gravina
Joel Meredith
Giani Siri
Stacey Cooper Smith
Kim Schlereth
Kat Stayduhar
Scott Mohnkern

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